

## SSSC PE and Enrichment Curriculum Overview 2025-2026

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Primary	Fundamental movement skills Motor Activity Training Programme	Physical Literacy Yoga	Gymnastics Trampolining	Gym and Dance Display	Rounders Cricket	Athletics
Nurture B+Y	Fundamental movement skills Motor Activity Training Programme	Physical Literacy Yoga	Gymnastics Trampolining	Gym and Dance Display	Rounders Cricket	Athletics
KS3	Invasion games	Net Games	Gymnastics Trampettes	Gym and Dance Display	Rounders Cricket	Athletics
Nurture G	Fundamental movement skills  Motor Activity Training Programme  Invasion games	Physical Literacy Yoga  Net games	Gymnastics Trampolining Trampettes	Gym and Dance Display	Rounders Cricket	Athletics
Y10	OCR Invasion games	OCR Net games	Fitness Gymnastics Trampolining Trampettes	Gym and Dance Display	Rounders Cricket  Fit to Ski	Athletics

Y11	OCR Moderation preparation Practical Mark (80%)  Leadership Skills (Sports leaders)	OCR Moderation preparation AP Mark (20%)  Leadership Skills (Young leaders)	Gymnastics Trampettes	Gym and Dance Display	OCR Moderation Preparation  Rounders Cricket	Athletics
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	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Enrichment	Break and lunch sports clubs  Interhouse Teambuilding  Fixture Primary 22/10/25  Sports leaders  Martial Arts week  Lioness Football	Break and lunch sports clubs  Interhouse Humanities  Fixture Y7/8 3/12/25  House captain training  Young leaders	Break and lunch sports clubs  Interhouse Well-being  Fixture Nurture KS4 4/3/25  DCC Table Cricket  KS4 Ski Trip	Break and lunch sports clubs  Gym and Dance display  Fixture Football KS3/4 TBC  Girl's football  OCR Preparation Trampolining	Break and lunch sports clubs  Interhouse STEM  Fixture Football Nurture KS3 22/5/25  Outdoor Experience/ residential Y9  OCR P.E Moderation	Break and lunch sports clubs  Interhouse Sports Day  Fixture Football KS3 TBC  Tough runner  Interhouse Reward Trip  DCC softball  KS4 Outdoor leaning and D of E

Interventions	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Primary 1 and 2	Tutor time plus activities	Tutor time plus activities	Tutor time plus activities	Tutor time plus activities	Tutor time plus activities	Tutor time plus activities
Targeted (Monday p.1)	Girls Club	Boys Club	Boys – Gym	TBC	TBC	TBC
Y11	Sports leaders			OCR Moderation		