

## **SSSC Life Skills Overview**



There are different strands within our Life Skills curriculum. These strands take place on a two-weekly cycle. Below shows the strands for each class. Please note these are not in order of their coverage.

Primary Blue	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment			
Primary Yellow	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability		
Nurture Blue	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Qualification King's Trust or ASDAN	
Nurture Yellow	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability		
Nurture Green	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Qualification King's Trust or ASDAN	
Year 7	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	
Year 8	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	
Year 9	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	

Year 10 Blue	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	Qualification King's Trust or ASDAN
Year 10 Yellow	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	Qualification King's Trust or ASDAN
Year 11	Personal Development	Home Management	Functional/ Personal Skills	First Aid	Hobbies	Travel and Shopping	Food Skills (Food Technology Room)	PE Enrichment	Bikeability	Creative Explorers	Qualification King's Trust or ASDAN