

## Life Skills

<b>Intent</b>	<ul style="list-style-type: none"> <li>• Life Skills at SSSC is central to our school ethos of <i>Enjoy, Achieve, Exceed</i></li> <li>• It equips pupils with knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives</li> <li>• Life Skills provide pupils with opportunities to build their confidence, resilience and self-esteem</li> <li>• It identifies ways to manage risk and make informed choices</li> <li>• Pupils will learn to recognise, accept and shape their individual identities and understand and accommodate difference and change.</li> <li>• Essential skills for future employability are focused on through encouraging and developing positive attributes such as resilience, confidence, empathy and self-worth</li> <li>• Pupils are given various opportunities to make a positive contribution to the diverse world around them in an ever-changing society</li> </ul>
<b>Implementation</b>	<ul style="list-style-type: none"> <li>• The Life Skills curriculum at SSSC has been specifically designed to promote independent living, safeguarding and everyday essential skills</li> <li>• The curriculum has been broken down into nine key areas including; time, money, interpersonal, friendships, home management, travel, shopping, hobbies and personal skills</li> <li>• The curriculum is split into Primary, Key Stage 3 and Key Stage 4</li> <li>• The Life Skills curriculum ensures pupils are given a series of lessons that are carefully differentiated ensuring all our young people achieve their potential irrelevant of their need or ability</li> <li>• Life Skills is delivered as a standalone lesson every Friday afternoon whilst also being integrated throughout the entire SSSC curriculum</li> <li>• At SSSC we also have an annual week dedicated to Life Skills as well as Life Skills days that focus on specific SMSC issues relevant to the ever-changing world our pupils live in</li> <li>• In Key Stage 4 students are able to achieve a variety of qualifications within the Life Skills curriculum including the Princes Trust and ASDAN Life skill Challenges.</li> </ul>
<b>Impact</b>	<ul style="list-style-type: none"> <li>• Pupils will be able to live as independent and productive lifestyle as their individual needs and attributes allow</li> <li>• Pupil Progress - monitored through the Life Skills overview</li> <li>• Progress towards EHCP outcomes</li> <li>• External Accreditation</li> <li>• Post 16 Progression outcomes and employability</li> </ul>