

### Life Skills Overview for Cognition pathway 2024-2025

	Year 7 R Kettell	Year 8 AF	Year 9 L Hessey	Year 9 G Wright	Year 10 R Frost	Year 11 C Horton
<b>Autumn (8 Weeks)</b>	Interpersonal and Friendships 4 weeks	Personal skills / time / money	Creative Explorers	Independence skills- Food technology room 4 sessions	Princes Trust Managing money? Customer experiences (Annex for 4 sessions Week 1-4)	Princes Trust Managing stress  Well-being- entry 3, level 1
	Hobbies 4 weeks			First Aid 4 sessions		
<b>Autumn 2 (7 Weeks)</b>	Home management (Including the Annex week 1- 3)	First Aid (3 Sessions)	Interpersonal and Friendships	Creative Explorers	Princes Trust Enterprise	Princes Trust Home management/ Travel / Shopping (Annex for 4 sessions Week 4-7) Community impact
		Independence skills- Food technology room 4 sessions				
<b>Spring 1 (6 Weeks)</b>	Personal skills / time / money	Interpersonal and Friendships	Home management (Annex week 1-3)	Home management (Annex) week 4-6	Independence skills- Food technology room	Creative Explorers
<b>Spring 2 (6 Weeks)</b>	Travel and shopping	Home management (Annex week 1-3)	Travel and shopping	Travel and shopping	Creative Explorers	Independence skills- Food technology room
<b>Summer 1 (5 Weeks)</b>	First Aid (2 Sessions)	Creative Explorers	Independence skills- Food technology room	Interpersonal and Friendships	Travel and shopping	Personal skills / time / money
	Independence skills- Food technology room		First Aid (2 Sessions)		Interpersonal and Friendships	Interpersonal and Friendships
<b>Summer 2 (7 Weeks)</b>	Creative Explorers	Travel and shopping	Personal skills / time / money	Personal skills / time / money	Personal skills / time / money 4 sessions	First Aid 2 sessions
		Hobbies	Hobbie	Hobbies	First Aid 3 sessions	Travel and shopping

## Life Skills Overview and LTP Primary and Nurture 2024-2025

	Nurture group Ks3 Blue	Nurture Group KS3 Yellow	Nurture Group KS4	Primary 1	Primary 2
<b>Autumn (8 Weeks)</b>	Interpersonal skills and Friendships 4 weeks	Personal Social and emotional development including first aid 4 weeks	Independence skills- Food technology room  ( Could use hub kitchen for first 4 sessions then food tech room for remaining 4)	Interpersonal and Friendships	Interpersonal and Friendships
	Personal, social and emotional development including first aid 4 weeks	Interpersonal skills and Friendships			
<b>Autumn 2 (7 Weeks)</b>	Home management, shopping and travel	Home management, shopping and travel	Personal Social and emotional development  Interpersonal skills and Friendships	Home management including independence skills developing basic baking skills Hub kitchen weeks 1-3	Home management including independence skills developing basic baking skills Food tech room weeks 1-3
<b>Spring 1 (6 Weeks)</b>	Personal skills / time and money	Personal skills / time and money	Personal skills / time and money	First Aid	First Aid
<b>Spring 2 (6 Weeks)</b>	Travel and shopping	Travel and shopping	Travel and shopping	Hobbies	Hobbies
<b>Summer 1 (5 Weeks)</b>	Hobbies	Hobbies	Home management (Including the Annex)	Travel and shopping	Travel and shopping
<b>Summer 2 (7 Weeks)</b>	Home management (Including the Annex) Access to annex weeks 1- 3	Independence skills- Food technology room	Hobbies	Personal Social and emotional development	Personal Social and emotional development
	Independence skills- Food technology room	Home management (Including the Annex) Access to annex weeks 4- 6	Personal Social and emotional development including <b>first aid 3 weeks</b>	Personal skills / time and money	Personal skills / time and money