

PSHE (Personal, Social and Health Education)

Intent	<ul style="list-style-type: none"> • The PSHE curriculum at SSSC enables our pupils to become confident, healthy, independent and responsible members of society. It aims to help our pupils understand how they are developing physically, socially and emotionally. The spiral curriculum tackles many of the moral, social and cultural issues that are a part of growing up whilst making links to the wider world. • PSHE provides pupils with opportunities to learn about their rights and responsibilities and to appreciate what it means to be a member of a diverse society. Our pupils are encouraged to develop their self-worth by making a positive contribution to school life and the wider community. • A spiral approach builds on individuals' knowledge, resilience, confidence and personal self-worth. PSHE provides pupils with a strong understanding of the diverse world around them whilst securing a sound knowledge of keeping themselves safe in an ever-changing society.
Implementation	<ul style="list-style-type: none"> • The SSSC PSHE Curriculum follows a spiral approach based on three 'core themes/strands' of Health and Wellbeing, Relationships Sex Education and Living in the Wider World. • The curriculum has been developed with topics specifically aimed at our pupils' ensuring learning is revisited, reinforced and extended in age and stage appropriate contexts • The Nurture pathway is divided into four curriculum approaches and PSHE is taught through 'Personal, Social and Emotional Development' strand • The overview of our curriculum follows a spiral approach that enhances the retention of skills appropriate for the learners attending SSSC • The spiral curriculum encourages pupils to know and value, who they are and understand how they relate to other people in this ever-changing world. • PSHE is taught through a timetabled double lesson at the start of each week and is an integral part of the whole school curriculum with PSHE cross curricular links made where ever possible. • This provides consistency and creates an immediate safe environment where students can question concepts and learn about themselves and the wider world around them • Regular whole-staff training, CPD opportunities, planning meetings, moderation events and quality first teaching are crucial to the success of our PSHE curriculum • Pupils are continuously encouraged to communicate their understanding in a variety of ways and contexts as appropriate to the individual learner • In Key Stage 4 pupils are able to achieve a variety of qualifications within the PSHE curriculum e.g. through Prince's Trust and/or ASDAN Life Skill Challenges.
Impact	<ul style="list-style-type: none"> • Pupils will have the knowledge to live a safe, resilient, healthy lifestyle showing respect and understanding to those they meet • Pupil Progress - monitored through SOLAR PSHE steps, monitored through PSHE LTP and MTP • Pupils develop their knowledge and understanding and implications of 'protected characteristics'. • Progress towards EHCP outcomes • External Accreditation • Post 16 Progression outcomes and employability