

## SSSC Food Tech - Curriculum Overview 2025-2026

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Primary 1		<i>Changing World</i> <b>Skill:</b> Communicating preference, choosing, reflecting <b>Focus:</b> Making healthy changes	<i>Food and Culture</i> <b>Skill:</b> Exploring texture, smell, colour, taste <b>Focus:</b> Food from around the world	<i>Exploration</i> <b>Skill:</b> Using tools and utensils <b>Focus:</b> Exploring texture	<i>The UK and British Values</i> <b>Skill:</b> Growing own food <b>Focus:</b> Planting, taking care of food plants	<i>Similarities and Differences</i> <b>Skill:</b> Grouping, sorting <b>Focus:</b> Sorting and grouping foods
Primary 2		<i>Changing World</i> <b>Skill:</b> Questioning, discussing, evaluating <b>Focus:</b> Making healthy changes	<i>Food and Culture</i> <b>Skill:</b> Experimenting with flavour, texture, colour <b>Focus:</b> Food from around the world	<i>Exploration</i> <b>Skill:</b> Exploring using different equipment <b>Focus:</b> Using a heat source	<i>The UK and British Values</i> <b>Skill:</b> Identifying seasonal food, planting <b>Focus:</b> Growing own crops	<i>Similarities and Differences</i> <b>Skill:</b> Categorising, comparing <b>Focus:</b> Choosing appropriate ingredients
Year 7			Theme: Chinese New Year Food from different cultures		Theme: 1980's How food has changed	Production
					Life Skills (2 sessions) See relevant objectives	
Year 8		Theme: Collections and Collaborations Picnics and lunchboxes	Theme: Chinese New Year Food from different cultures	Theme: War and Peace Dig for victory, war rationing		Production
		Life Skills (4 sessions) See relevant objectives				
Year 9		Theme: Collections and Collaborations Picnics and lunchboxes		Theme: War and Peace Dig for victory, war rationing56	Theme: 1980's How food has changed	Production

	GW: Life Skills (4 sessions) See relevant objectives				LH: Life Skills (3 sessions) See relevant objectives	
<b>Year 10</b>			Life Skills See relevant objectives			
<b>Year 11</b>				Life Skills See relevant objectives		
<b>KS4 Qual</b>	<b>ASDAN Lifeskills Challenge:</b> Everyday Food and Drink Preparation Entry1/2 <b>ASDAN Lifeskills Challenge:</b> Making a hot snack in the air fryer Entry 2 <b>Cultural Capital:</b> visit to a local Supermarket to experience finding and purchasing items. Visit a local café to explore how their skills and knowledge fit into real life job opportunities.					
<b>N Blue</b>		<i>Topic: Festivals and Celebrations</i> <b>Skill:</b> Exploring texture, smell, colour, taste <b>Focus:</b> Food from around the world	<i>Topic: Fantasy and Adventure</i> <b>Skill:</b> Using tools and utensils <b>Focus:</b> Fine motor skills	<i>Topic: Weather and Seasons</i> <b>Skill:</b> Grouping, sorting <b>Focus:</b> Sorting and grouping foods	<i>Topic: Marvellous Machines</i> <b>Skill:</b> Using equipment <b>Focus:</b> Changes in the food we make	<i>Topic: Nature vs Technology</i> <b>Skill:</b> Planting and growing <b>Focus:</b> Making healthy changes <i>Life Skills</i> See relevant objectives
<b>N Yellow</b>		<i>Topic: Festivals and Celebrations</i> <b>Skill:</b> Experimenting with flavour, texture, colour <b>Focus:</b> Food from around the world	<i>Topic: Fantasy and Adventure</i> <b>Skill:</b> Exploring using different utensils <b>Focus:</b> Following instructions	<i>Topic: Weather and Seasons</i> <b>Skill:</b> Categorising, comparing <b>Focus:</b> Grouping ingredients	<i>Topic: Marvellous Machines</i> <b>Skill:</b> Identifying which equipment to use <b>Focus:</b> Using different cooking processes	<i>Topic: Nature vs Technology</i> <b>Skill:</b> Using healthy natural ingredients <b>Focus:</b> Growing and using own crops <i>Life Skills</i> See relevant objectives
<b>N 4 (ASDAN LC: Everyday Food and Drink)</b>	Life Skills See relevant objectives	<i>Topic: Festivals and Celebrations</i> <b>Skill:</b> Identifying ingredients, using our senses	<i>Topic: Fantasy and Adventure</i> <b>Skill:</b> Purposefully using utensils	<i>Topic: Weather and Seasons</i> <b>Skill:</b> Categorising, similarities and differences	<i>Topic: Marvellous Machines</i> <b>Skill:</b> Using equipment correctly and safely	<i>Topic: Nature vs Technology</i> <b>Skill:</b> Identifying natural healthy food

<b>Preparation Entry1/2)</b>		<b>Focus:</b> Food from around the world	<b>Focus:</b> Using different techniques as instructed	<b>Focus:</b> Choosing appropriate ingredients	<b>Focus:</b> Reflecting on the processes used.	<b>Focus:</b> Making healthy changes in cooking
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