

## PE and Enrichment

<b>Intent</b>	<ul style="list-style-type: none"> <li>• The ultimate aim of PE and Enrichment at SSSC is to provide pupils with the desire and motivation to be physically active adults and enrich their school and life experiences.</li> <li>• The curriculum aims to provide pupils with the skills, attitudes and confidence to achieve life-long physical activity and experience activities that improve overall well-being.</li> <li>• PE at SSSC is an adaptive and evolving subject which will regularly change to meet both the individual and wider group needs. All pupils will have access to a broad and balanced PE curriculum supported through a range of high quality extra-curricular activities.</li> <li>• PE and Enrichment at SSSC will enable pupils to gain the skills required to become safe and healthy adults and as independent as their individual needs allow.</li> </ul>
<b>Implementation</b>	<ul style="list-style-type: none"> <li>• At SSSC PE and Enrichment is a constantly evolving and varied subject which regularly changes to meet the needs of the pupils</li> <li>• Pupils in all Key Stages have access to 1 lesson per week delivered by subject specialists, ensuring high quality PE.</li> <li>• Alongside P.E, all key stages have access to practical activities including extra-curricular, creative explorers, life skills, interhouse activities, AVSSP competition/fixtures, trips/visits/residentials, swimming lessons, Bike-ability, Derbyshire Cricket, and DCFC community trust sessions</li> <li>• The PE curriculum is sequenced to ensure a smooth progression of skills throughout each pupil's time at SSSC.</li> <li>• In Primary we begin with the development of fundamental movement skills before moving onto the development of activity specific skills in Key Stage 3 to enable each pupil's physical development.</li> <li>• At Key Stage 4, pupils have access to qualifications including Entry Level PE, ASDAN and Sports Leaders awards.</li> <li>• KS4 ASDAN qualifications in outdoor learning are also available including climbing, orienteering, shelter building and Tennis.</li> <li>• All aspects of the PE and enrichment curriculum ensure pupils not only gain physical skills but also develop their communication, teamwork, self-awareness and leadership skills.</li> </ul>
<b>Impact</b>	<ul style="list-style-type: none"> <li>• Pupils are able to identify the benefits of an active and healthy lifestyle and utilise these skills in their adult lives.</li> <li>• Increased levels of self-confidence and self-worth.</li> <li>• Ability to follow a healthy lifestyle.</li> <li>• Pupil Progress - monitored through the PE curriculum objectives.</li> <li>• Progress towards EHCP outcomes.</li> <li>• Progress towards physical development outcomes.</li> <li>• External Accreditation and future participation in recreational sports.</li> <li>• Positive impact on over all well-being through enriching and varied experiences through school career at SSSC</li> </ul>