

# ONLINE SAFETY



## TIPS FOR PARENTS OF PRIMARY AGED CHILDREN

### Agree on boundaries

**Be clear about what your child can and can't do online** – where and when they can use the internet, how much time they can spend online, the sites they can visit and the type of information they can share. Agree with your child when they can have a mobile phone or tablet.

When you do give them their first device make sure that it is set up appropriately for them with the right parental controls in place. It's a good idea to **introduce tech-free meal times** and encourage them to **keep phones out of the bedroom at night** to help them build a healthy screen time balance.



### Put yourself in control

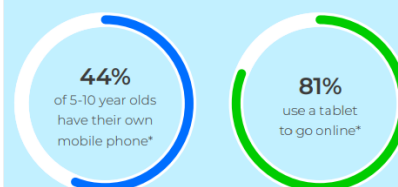
**Set parental controls on your home broadband and any internet-enabled devices.** Set up a user account for your child on the main device they use and make sure other accounts in the household are password-protected so that younger children can't access them by accident.

### Search safely

If you let your child search independently, **make sure safe search is activated on Google and other search engines**, as well as restricted mode on YouTube. You can set your default search to one designed specifically for children, such as Swiggle, and can save time by adding these to your Favourites.

### Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big online safety issues.



\*Source: Ofcom Children and parents: Media use and attitudes report 2022

Every Friday, any student at SSSC can attend a drop in Online Safety group to talk to Mrs Hardy and two of our anti-bullying ambassadors with any questions or worries they have. They can also access an online form via the school website, in the Pupil Zone under Anti-Bullying.

If you have any concerns or questions, please contact the school office who can help direct you to your child's form tutor.