

### SSSC PE Curriculum Overview 2024-2025

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Primary	Fundamental movement skills	Physical Literacy Yoga	Trampolining  Gymnastics	Dance	Rounders  Cricket	Athletics
Nurture 3	Fundamental movement skills	Physical Literacy Yoga	Trampolining  Gymnastics	Dance	Rounders  Cricket	Athletics
KS3	Invasion games	Net Games	Trampolining Gymnastics Fitness	Trampettes  Dance	Rounders  Cricket	Athletics  Fitness
Y10	OCR  Invasion games	OCR  Net games	OCR  Trampolining Gymnastics	OCR  Trampettes Dance	OCR  Rounders Cricket	OCR  Athletics
Nurture 4  Y11	Sports Leaders Young leaders Dance Leaders Dance ASDAN	Sports Leaders Young leaders Dance Leaders Dance ASDAN	Trampolining  Fitness	Trampettes  Dance	OCR Moderation Preparation	Athletics