

## Life Skills

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| <b>Intent</b> | <ul style="list-style-type: none"><li>• Life Skills at SSSC is central to our school ethos of <i>Enjoy, Achieve, Exceed</i></li><li>• It equips pupils with knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives</li><li>• Life Skills provide pupils with opportunities to build their confidence, resilience and self-esteem</li><li>• It identifies ways to manage risk and make informed choices</li><li>• Pupils will learn to recognise, accept and shape their individual identities and understand and accommodate difference and change.</li><li>• Essential skills for future employability are focused on through encouraging and developing positive attributes such as resilience, confidence, empathy and self-worth</li><li>• Pupils are given various opportunities to make a positive contribution to the diverse world around them in an ever-changing society</li></ul> |
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| <b>Implementation</b> | <ul style="list-style-type: none"><li>• The Life Skills curriculum at SSSC has been specifically designed to promote independent living, safeguarding and everyday essential skills</li><li>• The curriculum has been broken down into different key areas including; time, money, interpersonal, friendships, home management, travel, shopping, hobbies, independence skills and personal skills</li><li>• The curriculum is split into Primary, Nurture, Key Stage 3 and Key Stage 4</li><li>• The Life Skills curriculum ensures pupils are given a series of lessons that are carefully differentiated ensuring all our young people achieve their potential irrelevant of their need or ability</li><li>• Life Skills is delivered as a standalone lesson every Friday afternoon whilst also being integrated throughout the entire SSSC curriculum</li><li>• In Key Stage 4 pupils are able to achieve a variety of qualifications within the Life Skills curriculum including the Princes Trust and ASDAN Life skill Challenges.</li></ul> |
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| <b>Impact</b> | <ul style="list-style-type: none"><li>• Pupils will be able to live as independent and productive lifestyle as their individual needs and attributes allow</li><li>• Pupil Progress - monitored through the Life Skills overview</li><li>• Progress towards EHCP outcomes</li><li>• External Accreditation</li><li>• Post 16 Progression outcomes and employability</li></ul> |
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